



Ultimate Sports Showcase Clinic for kids



Ultimate Sports is doing a Show Case Clinic for baseball kids to see how they compare to other players at their age group. I have been training kids at all ages and levels for over 10 years. I have also seen kids playing baseball all over the country for the past 5 years. All my clients ask me, "Where does my kid fit in comparison to other kids @ his age". After years of experience, I finally came up with a rating chart so you can see where your kid stands among other athletes. The showcase will be for kids: Age Groups 7 -9 and 10 -12

The clinic will consist of 8 stations:

1. 40 FT Time (Speed) – Stop Watch
2. Glove work (Infield) – Evaluation Notes
3. Outfield Work – Evaluation Notes
4. Video Work – Hitting – Evaluation Notes
5. MPH – throwing – Radar Gun
6. BBS – Hitting Hard Ball – Radar Gun
7. Power Bag - Strength
8. Pitching Accuracy –
 - Show Case Clinic
 - Date: Feb 26th or March 19th
 - Time: **4- 6 P.M**
 - Cost: \$50 for Ages Group 7-9, 10-12. 13-15
 - Limited to 1st 25 Kids

Each Participant will receive

- Results and Scoring
- Evaluation on the day
- Video of themselves hitting
- Ultimate Sports T- Shirt
- Tips in how to improve skills

Sign up Today!!!!

Space is limited

Call – 203-265-1961

Or email ultimate.training@sbcglobal.net

Ultimate Sports

120 Church (Rt 68)

Yalesville, CT 06492



Comparison Chart

Players Age	40 ft Dash			Power Bag (Small Bag)			MPH Throwing			BBS Hard Ball MPH			Accuracy (10) Throws - PTS		
	Beq	All-Star	Elite	Beq	All-Star	Elite	Beq	All-Star	Elite	Beq	All-Star	Elite	Beq	All-Star	Elite
3	No	No	No	1	2	3	10	15	20	10	20	30	No	No	No
4	No	No	No	2	3	4	15	20	25	15	25	35	No	No	No
5	3.05	2.95	2.85	2	3	4	20	25	39	20	30	40	3	4	5
6	3	2.9	2.8	2	3	4	25	30	35	25	35	45	4	5	6
7	2.95	2.85	2.75	3	4	5	30	35	40	30	40	50	5	6	7
8	2.9	2.8	2.7	4	5	6	35	40	45	35	45	55	6	7	8
9	2.85	2.75	2.65	4	5	6	40	45	55	40	50	60	7	8	9
10	2.8	2.7	2.6	5	7	spin	45	50	60	45	55	65	8	9	10
11	2.75	2.65	2.55	6	8	Spin / 6	45	55	65	50	60	70	9	10	11
12	2.7	2.6	2.5	7	9	Spin / 7	45	55	70	55	65	75	10	11	12
13	2.65	2.55	2.45	8	10	2 Spin	55	60	65	60	70	80	11	12	13
14	2.6	2.5	2.4	60	70	2 Spin (6)	60	65	70	65	75	85	12	13	14
15	2.55	2.45	2.35	65	75	3 Spin	65	70	75	70	80	90	13	14	15
16	2.5	2.4	2.3	70	80	3 Spin (6)	70	75	80	75	85	95	14	15	16
17	2.45	2.35	2.25	75	85	4 Spin	75	80	85	80	90	100	15	16	17
18	2.4	2.3	2.2	80	90	4 Spin (6)	80	85	90	85	95	105	16	17	18
College	2.25	2.1	2	85	95	5 Spin	85	90	95	90	100	110	17	18	19
Pro	2.1	1.9	1.8	90	100	5 Spin (6)	90	95	100	95	105	115	18	19	20