



Vacation Baseball Clinic (Dec / Feb/ April / Summer 2011) *“Baseball the way it’s supposed to be”*

This will be a 5 day comprehensive baseball training program designed specifically by age group and will **stress** the fundamentals of fielding, throwing, hitting, and game strategy. The participants will be taught by the expert staff of Ultimate Sports. Each Client will be tested on how hard they throw, the speed at which they hit a ball (BBS), and will be educated in how to increase both their arm strength and BBS. We will also play arena baseball.

Time: 9:00 – 12:00

Location: Ultimate Sports for all 5 days for (Dec / Feb / April)

Note: Each participant is required to bring their own snack.

Cost: \$160 or \$300 for 2 kids

<u>Session</u>	<u>Dates</u>	<u>Ages Groups</u>	<u>Notes</u>
1	Dec 27,28,29,30 (4 Day)	5-7 / 8-10 / 11-12	No Friday –
2	Feb 21,22,23,24,25	5-7 / 8-10 / 11-12	
3	Apr 18,19,20,21,22	5-7 / 8-10 / 11-12	

Summer Baseball Clinic 2011

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Time: 9:00 – 12:00

Location: Mon, Weds, Fri @ Ultimate Sports
Tues and Thurs @ McNamara Field in Cheshire

Indoors we can concentrate on skill work, hitting mechanics, bat speed, and the fundamentals of the game. We have access to batting machines. Outdoors we will work on game situations and live play.

Note: Each participant is required to bring their own snack.

<u>Number of weeks</u>	<u>1</u>	<u>2</u>	<u>3+</u>
<u>Cost per week (Discounts)</u>	\$160	\$150	\$140

<u>Session</u>	<u>Dates</u>	<u>Ages Groups</u>	<u>Notes</u>
1	6/27 – 7/1	5-7 / 8-10 / 11-12	
2	7/5 – 7/8	5-7 / 8-10 / 11-12	No Monday - \$145
3	7/11 – 7/15	5-7 / 8-10 / 11-13	
4	7/18 – 7/22	5-7 / 8-10 / 11-12	
5	7/25 – 7/29	5-7 / 8-10 / 11-12	
6	8/1 – 8/5	5-7 / 8-10 / 11-12	
7	8/8 -8/12	5-7 / 8-10 / 11-12	
8	8/15 – 8/19	5-7 / 8-10 / 11-12	
9	8/22 – 8/26	5-7 / 8-10 / 11-12	

Call To Register TODAY!

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